



## **William L. Buchanan, Ph.D., ABPP**

North Point Psychology, LLC  
3534 Old Milton Parkway  
Alpharetta, Georgia 30005

(678) 624-0310, ex. 0  
fax: (678) 624-0258

[www.NorthPointPsychology.com](http://www.NorthPointPsychology.com)  
[doc4add@mindspring.com](mailto:doc4add@mindspring.com)

### **Phrases to Encourage Your Child**

Always try to encourage the *effort* more than the outcome. Encourage the *behavior* more than the personality trait. *Avoid* “over the top” compliments” such as “You’re the *best*.”

- 1) You’re so much fun to be around!
- 2) You get better at that every day. Way to go!
- 3) Hang on a second while I call *Sports Illustrated* - they’ll want a picture of this.
- 4) I’m going to brag about this. That’s great!
- 5) I look up to you!
- 6) That’s really terrific!
- 7) That was thoughtful.
- 8) This is a tremendous improvement.
- 9) Way to go - that’s great!
- 10) Good for you!
- 11) You’re a joy to watch.
- 12) That’s better than I ever did.
- 13) You handled that beautifully!
- 14) That’s incredible!
- 15) You just taught me something I didn’t know.
- 16) You’re a joy to be with.
- 17) You are very special to me.
- 18) What super effort!
- 19) I enjoy our time together.
- 20) Keep that up and you’ll be *really* good.
- 21) Give it a try.
- 22) There you go!
- 23) Go for it!
- 24) Just do it!
- 25) What have you got to lose?
- 26) That’s worth a trophy right there.
- 27) I’m so happy you’re my son (daughter).
- 28) I’m so happy I am your mon (dad).
- 29) I love your smile.
- 30) You’re going to make it!
- 31) That’s fabulous!
- 32) There you go - that’s it!
- 33) Thank you.
- 34) I appreciate it.
- 35) You’ll always be in my hall of fame.
- 36) Good job.
- 37) Keep up the good work.
- 38) I’m so proud of you.
- 39) Hang in there.
- 40) Keep pushing.
- 41) Stay strong.
- 42) Never give up.
- 43) Never say die.
- 44) I’m impressed.
- 45) I know you worked really hard.
- 46) I love to hear you laugh.
- 47) You’re something else!
- 48) That’s amazing. How did you do that?
- 49) I’ll support you either way.
- 50) It’s entirely up to you.
- 51) Whatever you decide is okay with me.
- 52) It’s your call.
- 53) You never cease to amaze me.
- 54) You take my breath away.
- 55) I really like that.
- 56) Sensational!
- 57) I believe in you.
- 58) Excellent.
- 59) Nice try.
- 60) You’re on the right track.
- 61) Give it your best shot.
- 62) You should be proud of yourself.
- 63) It was hard, but you did it.
- 64) Your hard work paid off.
- 65) You make me happy.
- 66) I love you.